

Self-Exploration Activities for Skills:

- Find out more about your personality and strengths by completing the Buzz quiz: <https://icould.com/buzz-quiz/>
- Now answer the questions below from the Buzz Quiz results:
 - A. What animal are you?
 - B. What are your main strengths?
 - C. What tips/advice have been suggested for you?
 - D. What industry sector have you been matched to? Do you agree with this?